



## Course Name:

Personal Survival Techniques (PST) STCW-95

## Course Price:

€230 (Prices are charged on a per person basis.)

## Short Description:

This is a 1-day course containing practical and theory sections including launching and entering a life raft in a designated pool.

## Course Type:

Short Courses (STCW'95 & non STCW'95)

## Full Description:

This is a one day course containing practical and theory sections including launching and entering a life raft in a designated pool.

Included are actions to be taken by persons for self protection in emergency situations, survival at sea and deployment of safety equipment.

It forms part of the mandatory basic training for all seafaring personnel.

## Items to bring:


**When joining this course please ensure you bring the following items with you:**


**Swim gear, wash gear and towel, change of clothes, soft shoes to wear in the pool,€1 coin for safety locker.**


**Please note: Students should be in possession of a valid Medical Certificate if their health is in doubt. All students will be asked to fill out a medical questionnaire before the course commences.**


## Book Now


To make a booking, please choose one of the following dates:


 14/09/2010 ·  
Booked Out


 26/10/2010


 30/11/2010

 25/01/2011

 22/02/2011

 22/03/2011

 26/04/2011

 17/05/2011

 14/06/2011

**N.B.-On the commencement day of the course, please be in the Reception area of the NMCI by 8.30am.**