FAST RESCUE BOATS UPDATING TRAINING SELF DECLARATION FORM

I declare that in the last 5 years I have completed onboard training and gained experience for maintaining the required standard of competence in the following:		
		Tick if completed
1. Take charge of a fast resci		
Control safe launching	t.	
2. Take charge of a fast rescu		
Handle a fast rescue boat in prevailing weather and sea conditions.		
Use communications and signalling equipment between the fast rescue boat and a helicopter and a ship.		
Use the emergency equipment carried.		
Carry out search patterns, taking account of environmental factors.		
Note: Candidates are only required to demonstrate the ability to perform the tasks listed above during the drill or simulated exercise situations. I have completed the above onboard the following vessels:		
Vessel	IMO Number	Dates on board
Signed:		
Print Name:		
Date:		