

**PROFICIENCY IN ADVANCED FIRE FIGHTING UPDATING TRAINING SELF  
DECLARATION FORM**

I ..... declare that in the last 5 years I have completed onboard training and gained experience for maintaining the required standard of competence in the following:

	Tick if completed
Control fire fighting operations on-board ships;	
Fire-fighting procedures at sea and in port, with particular emphasis on organisation, tactics and command.	
Communication and coordination during fire-fighting operations.	
Ventilation control, including smoke extraction.	
Control of fuel and electrical systems.	
Fire-fighting process hazards (dry distillation, chemical reactions, boiler uptake, fires).	
Fire precautions and hazards associated with the storage and handling of materials.	
Management and control of injured persons.	
Procedures for coordination with shore-based fire fighters.	

*Note: Candidates are only required to demonstrate the ability to perform the tasks listed above during the drill or simulated exercise situations.*

I have completed the above onboard the following vessels:

Vessel	IMO Number	Dates on board

Signed:.....

Print

Name:.....

Date:.....