



Course Name:

GWO Basic Safety Training Manual Handling Refresher (MHR)

Course Price:

€ 150.00

Short Description:

The aim of this module is to enable participants, through theoretical and practical training, to reduce the risk of musculoskeletal injuries for wind technicians in the wind industry.

Course Type:

GWO Courses

Full Description:

The aim of this module is to enable participants, through theoretical and practical training, to reduce the risk of musculoskeletal injuries for wind technicians in the wind industry and enable participants to perform their tasks and activities in the safest possible way when working in a wind turbine environment.

Lessons include

INJURIES, SYMPTOMS AND ESSENTIAL MANUAL HANDLING PRINCIPLES

The aim of this lesson is to create awareness of the risk of musculoskeletal injuries within the wind industry.

WARM UP ACTIVITIES

The aim of this lesson is to create awareness of the importance of warming up before manual


Contact Us

Please [contact us](#) for more information.


Book Now


To make a booking, please choose one of the following dates:

Precise venue to be confirmed closer to the date of the course.

 25/03/2025

Course Prerequisites

 The course participant shall have created a personal profile in WINDA and have provided their WINDA ID prior to completing the GWO training.

 When attending refresher training, the course participants must do so before the expiry of the previous training record's validity period.

handling operations to reduce the risk of musculoskeletal injury.

MANUAL HANDLING PRINCIPLES

The aim of this lesson is to enable the participants to use essential manual handling principles in a variety of relevant scenarios in wind turbine work environments.

TRAINING REVIEW

The aim of this lesson is to enable the participants to reflect on and process their learning outcome and key takeaways from the module, aiming to achieve a high learning transfer from the module to their way of working.

Duration: 4Hrs.

Please note, joining instructions are sent to all delegates in advance of training. If your company has made a booking on your behalf, joining instructions will be sent directly to the booker. These should be forwarded to you. If you do not receive your joining instructions at least 2 days in advance of the course, please contact our admin team.



The course participants shall be medically fit, appear well-rested and be capable of fully participating showing no signs of fatigue, substance abuse or sickness.